

# PUB KITCHEN MENU

## Lighter lunch

served between 12 and 3pm

**Guinness Rarebit** tomato chutney and pea shoots £9

### Ploughmans £12

Mixed salad, chilli and mustard seed pickles, onion, picked mushroom, tomato chutney and beer bread. With a choice of:

Pork Pie

Blyton (V) A rich creamy cows milk Brie, with wonderful mushroomy notes, using 100% Dorset Cows

Cranborne Blue (V) has an oaty sweetness in the taste with salty spikiness coming from the veining. The rind gives an earthy counter note without overpowering the subtly of the more delicate flavour.

Haystacks Cheddar (V)

**Charred Flatbread** home-pinned flatbread, garlic and herb marinated chicken, sumac and red onion slaw, fresh chilli, tzatziki and Franks mayo £10

**Three Cheese Toastie (V)** Haystacks cheddar, Blue Vinney and Blyton, rich tomato chutney in toasted sourdough £9.5

**Pulled Brisket Wrap** with Applewood cheddar, roasted red peppers and BBQ mayo £9.5

**Falafel Wrap** with house beans and watercress £8.5

## Lunchtime Offer

**2 courses £15.99 / 3 courses £19.99**

served Monday to Saturday between 12 and 3pm

**Kofta** with tzatziki and mixed leaf salad

**Wedge Salad (V) (GF)** Iceberg, blue cheese, tomato and chives

**Cajun Shrimp Cocktail (GF)** with iceberg, tomato and lemon

**Charred Gammon Steak (GF)** with fried egg and fries

**Scampi or Fish and Chips** with minted mushy peas

**Fried Falafel (VG)** with tabouleh

**Selection of Ice Cream (GF)(V)**

**Malt and Honey Cheesecake (V)**

**Warm Chocolate Brownie (GF)(V)**

## Sharers

(the perfect amount for two or for one if you're very hungry)

### Whole Crab Salad (GF)

Dorset crab, tossed mixed leaf salad, lemon mayo and fries £16/£32

### Fish Platter

Whole tail scampi, plaice goujons, tempura prawns, smoked mackerel, mini fish n chips, Thai mussels, marie rose, tartar and chilli jam £34

### Wings – ½ or 1kg (GF) £12/£19

Choose from:

Franks - Ranch - Jerk - Tandoori - BBQ

## Sides

Pickle Slaw (V)(GF) £4.5

Wedge Salad (GF) Iceberg, bacon bits, blue cheese, tomato and chives £6.5

TFC Tenders (GF) with wasabi mayo and Nashville sour cream £6.5

Loaded Fries (GF) with Texan chilli, dirty cheese, Dijon mayo, BBQ, chilli £7.5

Garlic bread (V) £3.95

-with cheese £4.95

Side Salad (VG) (GF) £4.5

Haloumi Fries (V) (GF) with chilli jam £6.75

Spiced Fries (VG) (GF) £4.15

Fries (VG) (GF) £3.95

Cheesy Fries (V) (GF) £4.95

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## Starters

**Polenta Fried Mozzarella Balls (V)** with wasabi & marinara dips £7

**Beer Bread (V)** with Tzatziki, bacon and fig jam and olive tapenade £7.20

**Cajun Shrimp** on garlic bread with marie rose £9.5

**Spinach & Ricotta Tart (V)** with rocket and roasted garlic salad £8

**Pulled Beef Taco** with pickle slaw, chipotle mayo, fresh chilli and fried onions £5 each

**Lamb Kofta** with Tzatziki, parsley and sumac salad £11

**Oysters** £3 each

## Mains

### Tripp Chicken Burger

Garlic and herb marinated chicken, beef tomato, onion, American cheese and Nashville sour mayo, served with chips £16

### Tripp 1750 v4

8oz steak burger, smoked Applewood cheddar, tomato, little gem, fig & bacon jam and truffle mayo, served with chips £17.5

### Super VEGE Burger (VG)

Charred flat mushroom, falafel, cashew cheese, tomato and hot sauce, served with chips £16

### Fish N Chips (GF)

Battered Haddock, Koffman chips, curry sauce, minted mushy peas and tartar £17.5

### Greek Salad (V)(GF)

Kalamata olives, tomato, onion, Feta, mixed leaf, oregano £14

### Chicken Ceasar

Chicken, Little Gem, anchovies, lardons, egg, parmesan and croutons £16

### Goan Fish Curry with a nigella seed flatbread £18

### Moules Marinière OR Thai Green Curry (GF) served with Koffmans chips £19

**Mac & Cheese (V)** with parmesan, dirty cheese, mozerella and blue, topped with crispy onion and coffee BBQ with garlic bread and salad £15.5

Macmillan Caring Locally are celebrating 50 years in the Christchurch community. They provide unrivalled care and support for patients and their families in our town. The Tripp are donating £1 for every Mac and Cheese sold this year.

## From the grill

**Pork Tomahawk £20**

**Rib Eye Steak £23**

**Corn Fed Chicken Supreme £20**

All served with roast tomato, flat mushroom, watercress and fries

Add a sauce £3.5

Red wine jus (GF)(V) - Cracked peppercorn (GF)(V) - Cranborne Blue (GF)(V) - Chimichurri (GF)(V)

**Low & Slow Rubbed Pork Belly** with pickle slaw, house beans and fries £18

## Desserts

### Banana Split (V) (GF)

Banana, whipped cream, ice cream, cherries, chocolate and caramel sauce and sugar strands £9

### Tequila Rosé Trifle (over 18's)(V)

Tequila soaked sponge, strawberries and jelly, custard, fresh cream £8

### Sticky Chocolate Brownie (V)(GF)

With mocha sauce £8.5

### Malt and Honey Cheesecake (V)

With caramelised apple compote £8

### Selection of Ice Cream (V)(GF) £6.50