Half portions and half prices for kids where you see the bear icon



Lighter lunch

served between 12 and 3pm

Traditional Ploughman's with pickles, chutney, apple, salad and crusty bread, choose from: -

	Haystack's tasty cheddar	£10	
	Dorset Blue Vinney	£12.50	
	Ham Hock & parsley terrine	£10.80	
	Three Cheese Toastie (V) Haystacks cheddar, Blue Vinney and Blyton, rich tomato chutney in toasted sourdough \$8.3		
Welsh Rarebit Guinness and mature cheddar rarebit smothered on sourdough bread served with tomato chutney \$8			£8.50
	Satay Chicken Wrap with spring onion		£8
	Bookmaker Wrap with shredded	beef, fried onion and fried mushrooms	£8.50
	Smoked Bacon Wrap with melted	brie and mango chutney	£8.50

Lunchtime Offer 2 courses £14.99 / 3 courses £18.99

served Monday to Saturday between 12 and 3pm

Welsh Rarebit thick Guinness and mature cheddar rarebit smothered on sourdough bread served with tomato chutney

Guinness & Onion Soup with cheddar and chive crouton

Battered Cauliflower Bites Guinness mayo

Slow Braised Beef & Guinness Stew New Potatoes and heritage carrots

Battered Haddock with Koffmans fries and mushy peas

Butternut, Chickpea & Lentil Jalfrezi cardamon and lime rice

Spiced Pear & Guinness Cake with butterscotch custard

Selection of Ice Creams

Red Velvet Cake with double cream

Sharers

(the perfect amount for two or for one if you're very hungry)

Fish Sharer plaice goujons, tempura prawns,	devilled whitebait, moules marinere, garlic and
chili squid, mini haddock and chips with tarta	r sauce, chili jam and sourdough

£12

£32

Wings Half Kilo or Kilo (GF) choose from:

Franks & Butter

Teriyaki

Coffee BBQ

Loaded Nachos (GF) house chilli, Haystacks cheddar, guacamole, sour cream, jalepenõs, fresh herbs and sesame seeds \$12.95 Vegan Nachos (GF) (VG) topped with lentil jalfrezi, mango chutney, chilli and herbs

Please inform staff of any food allergies or special dietary requirements prior to ordering.

We endeavour to purchase all our produce from local sources & suppliers. All dishes are subject to availability.

(V) - vegetarian (VG) - vegan (GF) - gluten free

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Starters

Guinness & Onion Soup with cheddar and chive crouton		£8.50
Crab and Marmite Crumpets warm crumpets, Marmite butter,	orown crab, lemon and fresh herbs	£10.50
Sauteed Mixed Mushrooms (GF) (VG) with seeds and an autum	nal root vegetable purée	£8.80
Haggis Scotch Egg with whiskey and pepper mayo		£7.80
Selection of Breads (V) with hummus, babaganoush and Harissa	sour cream	£7.80

Mains		
Garlic & Blue Vinney Chicken Kiev with creamed polenta and rocket	£15.50	0
Slow Braised Mutton Curry (GF) with rice and peas, garlic and coriander	£17	
Guberburger x2 4oz beef patties, peanut butter, tomato, lettuce, fine shallots and dirty cheese and chips	£17.20	
TFC Burger buttermilk chicken burger, seasoned & fried, with honey and mustard slaw, dirty cheese and chips	£16	
Tripp Fish & Chips (GF) battered Haddock, Koffmans chips, mint mushy peas and tartar sauce	£17	
Smoked Salmon & Oregano Linguini in a creamy tomato sauce	£16.50	
Coq Au Vin (GF) braised chicken with red wine, mushrooms, pancetta and new potatoes	£17	
Moules Marinière (GF) served with Koffmans chips	£18.50	
Butternut, Chickpea & Lentil Jalfrezi (GF) (VG) cardamon and lime rice	£16	
Whole Local Plaice (GF) prawn caper and chive butter with roasted new potatoes	£21	
Mac & Cheese (V) with parmesan, dirty cheese, mozerella and blue, topped with crispy onion and coffee BBQ with garlic bread and salad	£15	Macmillan Caring locally
Slow Braised Beef & Guinness Stew New Potatoes and heritage carrots	£15	
Steak & Eggs (GF) with mixed leaf and Koffmans chips	£19.5	

Macmillan Caring Locally are celebrating 50 years in the Christchurch community. They provide unrivalled care and support for patients and their families in our town. The Tripp are donating £1 for every Mac and Cheese sold to the charity this year . . .

Dessert

Spiced Pear & Guinness Cake with butterscotch custard	
Selection of ice creams	
Red Velvet Cake with double cream	
double cream	

Sides

Koffmans chips GF £3.75 Cajun Koffmans GF£4.10 Cheesy Koffmans GF £4.75 Parmesan & Rocket Koffmans £4.75 Garlic Bread £3.80 Garlic bread & mozerella £4.80 Cajun red slaw £4

Bubble & squeak £4 TFC tenders £5.50 Halloumi fries with chilli jam GF £6.50 Redcurrant & Dijon piggy balls £6.50 Roast seasonal veg GF £4.50 Mac & cheese £5.95